

# Workshop Overview

Day 1, September 23rd, 2019

## Sessions A

Panel Presentations (90 mins)

10:30am to 12:00pm

### A1: Intersectional Discourses on Healing\*

*\*session will be simultaneously interpreted into FR*

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenters:** Angela Marie MacDougall, Brandy Kane and Rosa Elena Arteaga, Battered Women's Support Services

### A2: Hidden Barriers: What Policies and Practices Have Yet to Consider

**Stream:** Mentally Healthy Schools and Campuses

**Presenters:** Dalya Kablawi, McGill University; Julia Caddy, McGill University, Students in Mind, [Jack.org](http://Jack.org); Matthew McLaughlin, McGill University, Kids Help Phone, ACCESS Open Minds; and Assia Messaoudi, University of Toronto

### A3: Cannabis and Mental Health in Canada: Advancing Community-based Perspectives\*

*\*session will be simultaneously interpreted into FR*

**Stream:** Substance Use Disorders and Mental Health

**Presenters:** Jenny Tierney, Inuit Tapiriit Kanatami (ITK); Kira London-Nadeau, Canadian Students for Sensible Drug Policy; Rebecca Jesseman, Canadian Centre on Substance Use and Addiction (CCSA); Christopher Canning, Mental Health Commission of Canada



(MHCC); Rebecca Haines-Saah, University of Calgary; and Krista Benes, Mental Health Commission of Canada (MHCC).

#### **A4: National Guidelines for Substance Use Disorders among Older Canadians**

**Stream:** Substance Use Disorders and Mental Health

**Presenters:** Dr. Jonathan Bertram, Focused Practice Addictions & Pain Medicine Physician; Dr. Christopher Kitamura, Baycrest Health Sciences; Amanjot (Mona) Sidhu, McMaster University and Hamilton Health Sciences; Marilyn White-Campbell, Older Adult Substance Use Collaborative with Behavioral Supports Ontario.

#### **A5: Supporting Mental Health Promotion & Prevention with Health Literacy**

**Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies

**Presenters:** Aazadeh Madani, BC Mental Health & Substance Use Services; Andrew Tugwell, BC Children's Hospital; Michelle Horn, BC Children's Hospital

#### **A6: Up to Standard: Government of Canada Changing Culture\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Mental Health in the Workplace

**Presenters:** Sapna Mahajan, Treasury Board of Canada Secretariat; Denis St. Jean, Public Service Alliance of Canada and Centre of Expertise on Mental Health; and Melanie Winzer, Canadian Space Agency;

#### **A7: The Case for Mental Health Promotion in First Nations Schools\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Working with Indigenous Peoples to Support Mental Health

**Presenters:** Mariette Chartier PhD, University of Manitoba; Nora Murdock PhD, Manitoba First Nation Education Resource Centre; Gary Munro, Cree Nation Tribal Health Centre; and Scott McCulloch MSc, University of Manitoba.

#### **A8: Board Leadership & Engagement: Fundamentals for Success**

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenter:** Sharilyn Hale, Watermark Philanthropic Counsel



**Sessions B****Oral Presentations (60 mins)****2:30pm to 3:30pm****B1: Adapting the Collaborative Care Model for Diverse Populations****Stream:** Embracing Diversity - Serving Diverse Communities**Presenters:** Dr. Ian Zenlea, Dr. Richard Shulman, Dr. Elizabeth Mansfield, Dr. Judith Versloot, Phd, Carly Ellis, and Sheryl Parks; Trillium Health Partners**B2: Your Time to Lead! Action and Impact in the Workplace****Stream:** Mental Health in the Workplace**Presenters:** Linda Weichel, CivicAction and Michael Herman, Gowling WLG**B3: Working in Isolation: Managing your own Well-being while Working Independently****Stream:** Mental Health in the Workplace**Presenters:** Mary Ann Baynton, Great West Life**B4: Living Life to the Full First Nations Cultural Adaptation Project\****\*session will be simultaneously interpreted into FR***Stream:** Working with Indigenous Peoples to Support Mental Health**Presenters:** Tiffanie Tasane, CMHA Yukon Division, and Anne-Laure Combot, CMHA BC Division**B5: Challenges in Spreading and Scaling Evidence Based Community Services\****\*session will be simultaneously interpreted into FR***Stream:** Understanding Mental Health and Mental Illness through a Scientific Lens**Presenter:** Steve Lurie, CMHA Toronto

**B6: (presented in FR) Université de Montréal's Mental Health Prevention Programs\***

*\*session will be simultaneously interpreted into EN*

**Stream:** Mentally Health Schools and Campuses

**Presenter:** Virginie Allard-Caméus, University of Montreal

**B7: (presented in FR) Québec's Digital Strategy for Suicide Prevention\***

*\*session will be simultaneously interpreted into EN*

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenter:** Jérôme Gaudreault, Association québécoise de prévention du suicide

**B8: Leaders and Laggards: Which Jurisdictions in Canada Are Ahead - And Which Are Behind - in Ensuring Equal Access to Depression Medications that Work?**

**Stream:** Public health's role in mental health promotion, mental illness prevention and shaping mental health policies

**Presenters:** Alexandra Apavaloae, Nanos Research; Michael Landsberg, #sicknotweak; Colin Andersen, former Ontario deputy minister of health; Brianne Moore, Canadians for Equitable Access to Depression Medications; an Ontario MPP; and a general practitioner



**Sessions C****Paired Presentations (2 x 30 mins)****4:00pm to 5:00pm****C1: Paired Presentations - Mental Health Continuing Education****Stream:** Mentally Healthy Schools and Campuses**C1-1:** The Invisible Thread that Connects Us: Building Community Through Education | **Presenter:** Sheryl Giesbrecht, CMHA Manitoba and Winnipeg**C1-2:** Embedding Mental Health Supports in an Adult Literacy Program | **Presenter:** Candace Rea, River East Transcona School Division; and Ela Partyka, CMHA Manitoba and Winnipeg**C2: Paired Presentations - Youth Advocacy****Stream:** Mentally Healthy Schools and Campuses**C2-1:** The Benefits of Giving Young People More Power | **Presenters:** Meghan Teviotdale, Vikki Versey and Chantel Keen, Norfolk and Suffolk NHS Foundation trust**C2-2:** Youth Voice: The Mental Health Priorities of Young Advocates | **Presenters:** Pratik Nair and Shayan Yazdanpanah**C3: Paired Presentations - E-Mental Health for Students****Stream:** Mentally Healthy Schools and Campuses**C3-1:** Get A-Head Inc, a Novel E-Mental Health Solution for Supervision | **Presenter:** Ahad Bandyaly, Association of Atlantic Universities**C3-2:** HealthyMindsNS - An E-Mental Health Project | **Presenter:** Dr. Elizabeth Cawley, Association of Atlantic Universities**C4: Paired Presentations - Mental Health Surveillance\****\*session will be simultaneously interpreted into FR***Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies

**C4-1:** Status of Mental Health in Ottawa: First Local Surveillance Report | **Presenter:** Benjamin Leikin, Ottawa Public Health

**C4-2:** The Positive Mental Health Indicator Framework: Ongoing Surveillance | **Presenter:** Mélanie Varin, Public Health Agency of Canada

**C5: Paired Presentations - Listening to Indigenous Voices\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Working with Indigenous Peoples to Support Mental Health

**C5-1:** Trauma Informed Practices While Working with Indigenous People | **Presenter:** Torri Weapenicappo, Native Women's Association of Canada

**C5-2:** WHO AM I? Understanding The Indigenous Perspective to Mental Health | **Presenter:** Tanis Thompson, Ontario Native Women's Association

**C6: Paired Presentations - School-Based Mental Health Programs\***

*\*session is bilingual (FR and EN) - simultaneous interpretation will be available*

**Stream:** Mentally Healthy Schools and Campuses

**C6-1:** *(presented in FR)* HARDIS: An Innovative Program for Preventing Anxiety and Other Disorders | **Presenter:** Julie Lane, Université de Sherbrooke

**C6-2:** *(presented in EN)* But I'm Not a Counselor: Supporting and Referring Post-secondary Students | **Presenter:** Pearlyn Ng, Centre for Innovation in Campus Mental Health

**C7: Paired Presentations - Employee Mental Health\***

*\*session is bilingual (FR and EN) - simultaneous interpretation will be available*

**Stream:** Mental Health in the Workplace

**C7-1:** *(presented in FR)* The Positive Workplace Framework (PWF) Initiative: Reconnecting for Collective Well-being | **Presenter:** Marie Drolet, Centre psychosocial d'Ottawa

**C7-2:** *(presented in EN)* The Tallest Poppy: Solving the Silent Systemic Syndrome | **Presenter:** Dr. Rumeet Billan, Viewpoint Leadership Inc.

**C8: Strategic Board Recruitment & Development**

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenter:** Sharilyn Hale, Watermark Philanthropic Counsel



## Day 2, September 24th, 2019

## Breakfast Sessions

## Oral Presentations (45 mins)

8:30am to 9:15am

**BR1: Newly Published Service Dog Prescriber Guidelines\****\*session will be simultaneously interpreted into FR***Stream:** Embracing Diversity - Service Diverse Communities**Presenters:** Thea Trussler, National Service Dogs, and Kristine Aanderson, Hope Heels Service Dogs**BR2: Same Tree, Different Day\****\*session will be simultaneously interpreted into FR***Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies**Presenter:** Mike Pach, 3 Peaks Photography**BR3: Connecting the Circle****Stream:** Working with Indigenous Peoples to Support Mental Health**Presenter:** Shannon Patton, CMHA Regina Branch**BR4: Supporting Through Struggle: Learning How to have Supportive Conversations\****\*session will be simultaneously interpreted into FR***Stream:** Mental Health in the Workplace**Presenters:** Kim Sunderland and Hayley Peek

**BR5: A YouTubers Guide to Social Media and Mental Health\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Mentally Healthy Schools and Campuses

**Presenter:** Scott Ste Marie, Depression to Expression

**Sessions D****Panel Presentations (90 mins)****11:00am to 12:30pm****D1: The Community Healing Project: Connecting Marginalized Communities Through Peer Support\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenters:** Asante Haughton, Stella's Place; Christina Alexiou, Stella's Place; Zannalyn Robes, City of Toronto and Community Healing Project; Jasmine Baker, Youth Peer Mentor Coordinator; Jennille Seedial, Youth Peer Mentor Coordinator; Abdul Nur, Youth Peer Mentor Coordinator; Adjei Scott, Youth Peer Mentor Coordinator; Arianna Vassell, Youth Peer Mentor Coordinator

**D2: Workplace Mental Health: A National Discussion\***

*\*session will be bilingual - FR and EN – simultaneous interpretation will be available*

**Stream:** Mental Health in the Workplace

**Presenters:** Sam Mikail, Valerie Legendre, and Carmen Bellows, Sun Life Financial

**D3: Your Voice Matters: The Standard on Post-Secondary Student Mental Health**

*\*session will be simultaneously interpreted into FR*

**Stream:** Mentally Healthy Schools and Campuses





**Presenters:** Sandra Koppert, Mental Health Commission of Canada; Dr. Elizabeth Cawley, Association of Atlantic Universities (AAU), CSA Technical Committee Member; and Donovan Taplin, Ryerson University Graduate Student, Vice-Chair of the CSA Technical Committee

**D4: Promoting Life Together Collaborative: Life Promotion, Partnership Building and Engagement\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Working with Indigenous Peoples to Support Mental Health

**Presenters:** Carol Hopkins, Thunderbird Partnership Foundation; Brenda Restoule, First People's Wellness Circle; Carol Fancott, Canadian Foundation for Healthcare Improvement; and Despina Papadopoulos, Canadian Foundation for Healthcare Improvement

**D5: Stigma Reduction through Community Engagement and Education Activities**

**Stream:** Mentally Healthy Schools and Campuses

**Presenters:** Gord Garner, CAPSA; Lisha Di Gioacchino, Community Addiction Peer Support Association; Tim Simboli, CMHA Ottawa

**D6: Towards Recovery: Inter-sectoral Plan to Advance Mental Well-being in NL**

**Stream:** Mental Health in the Workplace

**Presenters:** Niki Legge, Director of Mental Health and Addictions, Government of Newfoundland and Labrador; Greg Radu, Associate Professor of Psychiatry, Family Medicine and University Counselling Centre; Lisa Browne, CEO Stella's Circle; and Paula Corcoran-Jacobs, Provincial Executive Director CHANNAL

**D7: Meet the National Council of Persons with Lived Experience (NCPLE)**

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenters:** Margaret Rugg, Leora Simon, Neida Santini, Mark K. Wade, Glenn Roil, and Juanna Ricketts, National Council of Persons with Lived Experience

**D8: The Board/Staff Partnership: Sharing Leadership and Getting Results**

**Stream:** Governance of Federated Not-for-Profits

**Presenter:** Sharilyn Hale, Watermark Philanthropic Counsel



## Sessions E

## Oral Presentations (60 mins)

2:30pm to 3:30pm

**E1: Co-Design and Peer Support Training: Lessons Learned in Creating Responsive Peer Support Training Programs****Stream:** Embracing Diversity - Serving Diverse Communities**Presenters:** Asante Haughton and Allison Dunning, Stella's Place**E2: #Txting for Mental Health: Launching Canada's First National Texting Service\****\*session will be simultaneously interpreted into FR***Stream:** Mentally Healthy Schools and Campuses**Presenter:** Alisa Simon, Kid's Help Phone**E3: Cannabis Induced Psychosis Management Strategies\****\*session will be simultaneously interpreted into FR***Stream:** Substance Use Disorders and Mental Health**Presenter:** Dr. Phil Tibbo, Canadian Consortium for Early Intervention in Psychosis**E4: Advances in Psychiatry: Targeting Glutamate in Major Depressive Disorder****Stream:** Understanding Mental Health and Mental Illness through a Scientific Lens**Presenter:** Dr. Ruth Baruch, Michael Garron Hospital (East York General)**E5: “Do I want to live like this?” A not-for-profit’s journey in researching Major Depressive Disorder\****\*session will be simultaneously interpreted into FR***Stream:** Understanding Mental Health and Mental Illness through a Scientific Lens**Presenters:** David Grauwiler and Kolbi Kukurba, CMHA, Alberta Division

**E6: Mental Wellness 30L: An Innovative Online Mental Health Curriculum**

**Stream:** Mentally Healthy Schools and Campuses

**Presenters:** Elaina Guilmette, Sun West School Division; Rebecca Rackow, CMHA Saskatchewan Division; Chris Baudry, Sunwest School Division; Alexis Epp, Sunwest School Division; and Ruby Powder, Sunwest School Division

**E7: (presented in FR) The Refer-O-Scope: The Ideal Tool to Observe and Take Action Before Psychosis Strikes\***

*\*session will be simultaneously interpreted into EN*

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenter:** Alice Charasse, Société Québécoise de la Schizophrénie et des psychoses apparentées

**E8: Peer Support Canada: Advancing Peer Support Nationwide**

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenter:** Peer Support Canada

**Sessions F****Paired Presentations (2 x 30 mins)****4:00pm to 5:00pm****F1: Paired Presentations - Culturally Adapted CBT**

**Stream:** Embracing Diversity - Serving Diverse Communities

**F1-1:** BounceBack Ontario: Championing Cultural Competency Through Evidence-based CBT Coaching | **Presenters:** Ashley Hogue, CMHA-York and South Simcoe, and Hannah Matthews, CMHA Ontario

**F1-2:** Improving the Effectiveness of Cognitive Therapy across Cultures: An Evidence Based Approach | **Presenter:** Farooq Naeem, University of Toronto and CAMH



**F2: Paired Presentations - Workplace Accommodation for Mental Health Conditions\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Mental Health in the Workplace

**F2-1:** Challenges Accommodating Mental Health Conditions: What Workplace Parties Are Saying | **Presenter:** Monique A.M. Gignac, Institute for Work & Health

**F2-2:** Negotiating Workplace Accommodations for Employees with Mental Illness  
| **Presenters:** Rebecca Gewurtz and Sabrina Hossain, School of Rehabilitation Science, McMaster University

**F3: Paired Presentations - Youth Suicide Prevention**

**Stream:** Mentally Healthy Schools and Campuses

**F3-1:** Evidence Review of School-based Suicide Prevention Programs: Preliminary Findings | **Presenter:** Ashlee Mulligan and Gabby Galley, Mental Health Commission of Canada

**F3-2:** Adolescent Suicide and Reducing Hospitalization Through Community Support  
| **Presenter:** Kristen Conte, PACE Counselling

**F4: Paired Presentations - Incarceration and Social Connection**

**Stream:** Embracing Diversity - Serving Diverse Communities

**F4-1:** Fostering Connections in a Forensic Setting | **Presenter:** Chyanne Kehler, Ottawa Public Health

**F4-2:** Out of Sight and Out of Mind: The Incarcerated | **Presenters:** Farhat Rehman and Deborah O'Donoghue, Mothers Offering Mutual Support- M.O.M.S

**F5: Paired Presentations - Family Mental Health\***

*\*session is bilingual (FR and EN) - simultaneous interpretation will be available*

**Stream:** Mentally Healthy Schools and Campuses

**F5-1:** *(presented in FR)* Evolution of symptoms of depression and substance abuse among Québec parents | **Presenters:** Marie-Ève Clément, Université du Québec en Outaouais

**F5-2:** *(presented in EN)* Towards Flourishing: Perspectives of Parents and Home Visitors  
| **Presenter:** April Gage, University of Manitoba



**F6: Paired Presentations - Recovery: A Collective Effort\***

*\*session is bilingual (FR and EN) - simultaneous interpretation will be available*

**Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies

**F6-1:** *(presented in FR)* Working Together to Re-establish Innovative, Collaborative Change Management Strategies! | **Presenters:** Annie Boisvert, Catherine Lévesque-Lepage, Benoit Bruyère, and Robert Comeau, Hôpital Montfort

**F6-2:** *(presented in EN)* Peer Navigation and Breaking Down Barriers! | **Presenter:** Jael Emberley and Erin Backer, CMHA Vancouver-Fraser Branch

**F7: Paired Presentations - Addressing Substance Use Stigma\***

*\*session is bilingual (FR and EN) - simultaneous interpretation will be available*

**Stream:** Embracing Diversity - Serving Diverse Communities

**F7-1:** *(presented in FR)* Residential Program for Drug-dependent Adults with Mental Health Problems | **Presenter:** Antonio Maturo, Portage

**F7-2:** *(presented in EN)* What Canada's Opioid Crisis Teaches us about Stigma | **Presenter:** Stephanie Knaak, Mental Health Commission

**F8: Practices of High-Performing Boards: What the Best Boards Do Well**

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenter:** Sharilyn Hale, Watermark Philanthropic Counsel



## Day 3, September 25th, 2019

## Breakfast Sessions

## Oral Presentations (45 mins)

8:30am to 9:15am

**BR6: Walking Between Worlds: Awakening the Heart and Liberating the Spirit\****\*session will be simultaneously interpreted into FR***Stream:** Working with Indigenous Peoples to Support Mental Health**Presenter:** Tyrone Gamble, CMHA Ottawa**BR7: Measuring Workplace Stress\****\*session will be simultaneously interpreted into FR***Stream:** Mental Health in the Workplace**Presenter:** John Oudyk, Occupational Health Clinics for Ontario Workers**BR8: Indigenous Holistic Health of the Medicine Wheel\****\*session will be simultaneously interpreted into FR***Stream:** Working with Indigenous Peoples to Support Mental Health**Presenters:** George Morin and Margaret Reynolds**BR9: As the Lotus Flower Blooms: Augustina's Story\****\*session will be simultaneously interpreted into FR***Stream:** Embracing Diversity - Serving Diverse Communities**Presenters:** Augustina Ampofo**BR10: Aging and Mental Health Agenda Setting**

*\*session will be simultaneously interpreted into FR*

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenters:** Paul Holyoke - Director, SE Research Centre; Claudia Lai - Postdoctoral Fellow, SE Research Centre; Karthika Yogaratnam - Research Associate, SE Research Centre; Elizabeth Kalles - Research Assistant, SE Research Centre; Heather McNeil – Senior Research Association, SE Research Centre

## Sessions G

### Oral Presentations (60 mins)

11:00am to 12:00pm

#### **G1: Social Inclusion: The Key Determinant of Mental Wellness\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies

**Presenters:** Kendra Milne and Amelia Hamfelt, CMHA BC

#### **G2: Top Ten Ways to Rock the Rainbow\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenters:** Nyk Morrigan, CMHA York and South Simcoe, and Bonnie Pedota, Durham Mental Health Services

#### **G3: Building and Supporting a Resilient Culture on a University Campus**

**Stream:** Mentally Healthy Schools and Campuses

**Presenters:** Dan Crouse and Brenda Gamble, University of Ontario Institute of Technology



**G4: (presented in FR) Adaptation of the Psychiatric Diagnosis and its Impact on Recovery: Presenting an Awareness Tool\***

*\*session will be simultaneously interpreted into EN*

**Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies

**Presenters:** Isabelle Jacques, UQAM and CREMIS; and Anne-Marie Boucher, RRASMQ

**G5: Technology Breakthroughs in Mental Health Care: What to expect?**

**Stream:** Understanding Mental Health and Mental Illness through a Scientific Lens

**Presenters:** Dr. Greg Radu, Memorial University of Newfoundland, and Dr. Ginette Poulin, Memorial University of Newfoundland

**G6: How the NHS is successfully providing digital mental health services to Children and Young People in the UK with Kooth.com\***

*\*session will be simultaneously interpreted into FR*

**Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies

**Presenter:** Dr Lynne Green and Spencer Brace, XenZone

**G7: Advocacy 101 – Brought to you by *The Co-operators***

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenters:** Pascale Leclair-Roberts, CMHA National, and Dina Bayoumy, CMHA National and IHPME.

**G8: An Overdose of Reality: The Role of Naloxone Nasal Spray; a Life Saving Tool at Our Disposal**

**Stream:** Understanding Mental Health and Mental Illness through a Scientific Lens

**Presenters:** Adapt Pharma





**Sessions H****Paired Presentations (2 x 30 mins)****1:00pm to 2:00pm****H1: Paired Presentations - Rural Mental Health\****\*session will be simultaneously interpreted into FR***Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies**H1-1:** Alberta's Rural Mental Health Project | **Presenter:** Jessica Turowski, CMHA Alberta Division**H1-2:** Big Island: Case Study of a Rural Supportive Housing Model | **Presenter:** Carrie Anne Marshall, Western University**H2: Paired Presentations - Mental Health and Front-Line Workers****Stream:** Mental Health in the Workplace**H2-1:** The Impact of Working in Complexity on Clinician Well-being | **Presenter:** Samantha Quartarone, Sinai Health System**H2-2:** First Aid for the Mind: Psychological Training for First Responders | **Presenters:** Adriane Peak, University of British Columbia Okanagan**H3: Paired Presentations - Gambling****Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies**H3-1:** A Public Health Approach to Reducing Gambling Harms | **Presenter:** Jess Voll and Lindsay Kalbfleisch, Gambling Research Exchange Ontario**H3-2:** Gaming, Gambling, and Student Mental Health | **Presenters:** Lindsay Kalbfleisch and Travis Sztainert, Gambling Research Exchange Ontario**H4: Paired Presentations - Caregivers and Care Leaver's Mental Health\****\*session will be simultaneously interpreted into FR***Stream:** Embracing Diversity - Serving Diverse Communities

**H4-1:** Mental Illness is a Family Affair: The Caregivers Conundrum | **Presenter:** Dr. Ella Amir, AMI-Quebec Action on Mental Illness

**H4-2:** Kindling Connections: Supporting Care Leavers' Reconnections with Kin during Transitions | **Presenters:** Katherine Pascuzzo, Université de Sherbrooke, and Patti Ranahan, Concordia University

#### **H5: Paired Presentations - Culture and Mental Health\***

*\*session is bilingual (FR and EN) - simultaneous interpretation will be available*

**Stream:** Embracing Diversity - Serving Diverse Communities

**H5-1:** (presented in FR) Exploration of Mental Health in Afro-Caribbean Communities | **Presenter:** Syndie David

**H5-2:** (presented in EN) Impact of Culture on Mental Health Service Utilization among Newcomers | **Presenter:** Brittany Davy, Brock University

#### **H6: Paired Presentations - Suicide Prevention Surveillance Systems\***

*\*session is bilingual (FR and EN) - simultaneous interpretation will be available*

**Stream:** Public Health's Role in Mental Health Promotion Mental Illness Prevention and Shaping Mental Health Policies

**H6-1:** (presented in FR) An Automated Monitoring System for Suicidal Individuals | **Presenter:** Mathieu Guidère, INSERM (Institut National de la Santé et de la Recherche Médicale), FRANCE

**H6-2:** (presented in EN) Rethinking Suicide Surveillance Systems: Embracing the Power of Artificial Intelligence | **Presenter:** Dr. Melissa Baker, Public Health Agency of Canada

#### **H7: Paired Presentations - Trauma Informed Care and Practices**

**Stream:** Understanding Mental Health and Mental Illness through a Scientific Lens

**H7-1:** The PersonBrain Model | **Presenter:** Christy Murtha and Sharon Parsaud, Key Assets Ontario

**H7-2:** Trauma and Violence Informed Care Workshop for Teachers | **Presenter:** Christina Amico and Michelle Philippe, Western University

#### **H8: Show Me the Money: Creating a Philanthropic Culture**

**Stream:** Embracing Diversity - Serving Diverse Communities

**Presenter:** Sharilyn Hale, Watermark Philanthropic Counsel

