



Canadian Mental
Health Association

Association canadienne
pour la santé mentale

MentalHealthForAll

Mental Health • Mental Illness • Addiction CONFERENCE 2017

call for abstracts

it takes a nation

mental health & the whole of government

submit abstracts by February 24, 2017
conference: September 18-20, 2017 in Toronto

Introduction

Thanks to all who helped to make our inaugural Mental Health For All conference a resounding success. The theme was *together by design* because it was our intention to create a very big tent, where people working across addictions, mental health and mental illness could work together on big ideas. We succeeded because the program was so rich. A special shout out to our partners for our inaugural conference, the Mental Health Commission of Canada (MHCC) and the Canadian Centre on Substance Abuse (CCSA). Furthermore, we want to give a huge thanks to our change maker sponsor Lundbeck and to all of our other sponsors. The 2017 program will build on our success.

We would like to invite you to submit your abstracts for the second annual Mental Health For All Conference, September 18, 19 and 20, 2017 in Toronto.

It takes a nation. This is the theme for the 2017 Mental Health For All Conference.

Change is in the air for mental health in Canada – you can feel it. But it will take the entire nation to harness those winds of change and make it real.

Prime Minister Justin Trudeau has a mental health agenda. He included specific mental health deliverables in several Ministers' mandate letters and, in others, he has mandated action to address the social determinants of health.

Transforming our mental health response isn't just about improving our healthcare system. It's also about investments in housing through social infrastructure; it's about a continuum of employment supports. It's about promoting mental health in schools and in workplaces. And it is about addressing the needs and leveraging the strengths of our diverse population. We need the whole of government and the whole of Canada to implement solutions to problems that are already well understood.

It is not a new idea, this comprehensive approach. It's worked in other jurisdictions experiencing similar complex challenges. We can learn from the experiences of others and co-create the path ahead to truly transform the face of mental health in Canada.

So while we're calling on all Governments for leadership and action, including proportional investment we're also calling out to you: to people with lived experience, people providing services on the frontlines and in your offices, researchers, policy and decision-makers, and funders. What have you learned that will buttress the political will, and pave the way forward? What are the ideas and solutions that can be replicated, implemented and funded?

We're organizing our conference streams to align with Federal priorities included in the Ministerial mandate letters and to highlight and showcase how comprehensive and meaningful change can be accomplished when we put our minds together. Join us!!

<http://conference.cmha.ca/>

To submit an abstract:

1. Online: <http://www.innovative4you.com/MH4A2017CallforAbstracts.htm>
2. Please fax to 1-705-456-9786 or email to sherry@innovative4you.com

Notes:

All submissions will be evaluated using the following criteria:

- Relevance to the conference theme
- Clarity and coherence of submission
- Relevance and utility to participants
- Demonstrate that the submission will encourage interaction with conference participants
- It is encouraged presenters should include a lived experience component or perspective where relevant.

TO BE ACCEPTED AS A PRESENTER:

- **Presenters must be paid registrants of the conference. Honoraria and travel reimbursement are not available.**
- Presenters will be asked to submit an electronic version of their presentation prior to the conference.
- Electronic copies of the presentations will be made available to conference delegates following the conference.
- Presenters are responsible for providing written material to conference participants if applicable.
- Presenters will be provided with a designated time to present by the conference committee.

CONFERENCE STREAMS

The following streams have been identified to highlight **a whole of government, whole of Canada approach to mental health**:

- Continuum of Employment and Housing Supports
- Embracing Diversity – Serving Diverse Populations
- Mental Health Across the Justice System
- Mental Health Care for Veterans and First Responders
- Mental Health in the Workplace
- Mentally Healthy Schools and Campuses
- Reimagining Mental Health Primary Care
- Seniors and Mental Health
- Working with Indigenous Peoples to Support Mental Health
- Whole Population Approach

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Continuum of Employment Supports and Housing

- Housing First
- Transitional Rehabilitation
- Social and Community Integration
- Peer Support
- Community Support Programs for Youth and/or Adults
- Social Enterprise
- Supported Employment (IPS)
- Clubhouse/Recovery Colleges
- Vocational Rehabilitation Job Development

Embracing Diversity – Serving Diverse Populations

- Addressing the needs and challenges and leveraging the strengths and opportunities of diverse populations
 - LGBTQ2S communities
 - Child and youth mental health
 - Refugees/Newcomers
 - Anti-Opressive practices
- Intersections of Inequities
- Suicide Prevention

Mental Health Across the Justice System

- Working with local communities to minimize interactions with law enforcement agencies
 - Pre-charged Diversion
 - De-escalation Strategies
- Diversion Programs
- Mental health courts
- Law enforcement programs
- Mental Health and Correctional Facilities
 - Seniors
 - Youth

Mental Health for Veterans and First Responders

- Helping Veterans Overcome PTSD/OSI (Operational Stress Injuries) (Approaches/Strategies/Programs)
- Veterans and Suicide Prevention
- Steps for a Successful Transition to Civilian Life
- Suicide Prevention and First Responders
- Helping First Responders Overcome PTSD/OSI (Approaches/Strategies/Programs)
- How First Responders' Work Affects Their Mental Health

Mental Health in the Workplace

- Role of Corporate Canada
 - Innovative Approaches to Supporting the Mental Health Needs of your Employees

- Anti-Stigma Campaigns
- Mental Health Benefits and Programs
- Stakeholders Who Walk the Talk
- Role of Unions

Mentally Healthy Schools/Campuses

- Continuum of Prevention and Promotion – Campaigns (best practices)
- School-based Interventions
- Digital Approaches to Mental Health Services
- Marginalized groups (i.e. Aboriginal Students, International, LGBTQ2S Community)
- Making the Transition from High School to Campus
- Suicide Prevention
- Resiliency
- Peer Mentoring

Reimagining Mental Health Primary Care

- Stepped Care Model
 - Structured Interventions and Psychotherapeutic Approaches
 - The Cost of Business as Usual – Economic Research on Current Healthcare Approaches

Seniors and Mental Health

- Transitions related to losses: The Spectrum from Grief, Depression to Suicide
- Caring for a Spouse Who Resides in a Care Facility
- Treatment Options and Strategies to Support Seniors with Mental Health Issues
- Overuse and Misuse of Prescription Medication
- Suicide Prevention

Working with Indigenous Peoples to Support Mental Health

- Mental Wellness and Resilience Practices and Programs
- Community Engagement and Pathways to Reconciliation
- Policy and Partnerships Innovations in Indigenous Mental Health
- Suicide Prevention

Whole Population Approach to Mental Health

- Health Systems
- Funding
- Governance and Planning

PLEASE COMPLETE THE SUBMISSION FORM BELOW OR ONLINE [HERE](#)

Submissions should provide a brief explanation of the presentation in 150 words or less.

Abstracts will be accepted until February 24, 2017.

Presenters will be notified if their abstracts have been accepted by March 24, 2017.

Presenters must agree to be paid registrants of the conference. Honoraria, accommodation and travel reimbursements are not available for presenters.

Conference Streams

Please choose the stream that most closely relates to your submission

- Continuum of Employments and Housing Supports
- Embracing Diversity – Serving Diverse Populations
- Mental Health Across the Justice System
- Mental Health Care for Veterans and First Responders
- Mental Health in the Workplace
- Mentally Healthy Schools and Campuses
- Reimagining Mental Health Primary Care
- Seniors and Mental Health
- Working with Indigenous People to Support Mental Health
- Whole Population Approach

Your Submission

The Presenter may submit multiple abstracts for the conference. One submission for each presentation. Your submission should be 150 words or less.

Format:

Conference sessions will be offered in a variety of formats:

- Panel discussions
- Panel presentations
- Individual presentations (30-60-90 minutes)
 - A Paper Presentation (20-minute presentation plus 10 minutes for questions) will address innovative programming, completed research that has been demonstrated through evaluation to have an impact on clinical practice, system design or policy development related to collaborative mental health.

<http://conference.cmha.ca/>

- A “work in progress” paper presentation (20-minute presentation plus 10 minutes for questions will seek feedback from the audience to enhance a paper or other innovative ideas in progress.
- Storyboard – Opportunity to tell your story of a project or an experience that included a life-changing event that changed your attitudes, clinical approach, or interactions towards particular individuals.

The Program Advisory Committee may also identify submissions for keynote plenary sessions.

Presentations may be submitted for consideration for 30 or 60 minute presentations, or for an entire 90-minute session. **It is recommended that time be allocated for a question and answer period with attendees.**

Poster Presentations

Display space for Poster Presentations will also be offered, and a table will be available. Please prepare your poster presentation on a presentation poster board to sit on the table. You are welcome to bring additional flyers/support documentation for handouts.

This year poster presentations will have a separate room and specific time slot so all delegates will have a chance to view posters.

About You

Please provide presenter names as you would like them to appear in the conference program

Presenter Name(s):

Title:

Affiliation:

Mailing Address:

Phone:

Email:

Your preferred presentation duration is:

- 30 minutes (20-minute presentation, 10-minute Q&A)
- 60 minutes (45-minute presentation, 15-minute Q&A)
- 90 minutes (75-minute presentation, 15-minute Q&A)
- Poster Presentation Only

Please specify the format of your presentation

Panel Discussion Panel Presentation Solo Presentation Paper Presentation

"Work in Progress" Paper Presentation Storyboard

**Based on the numbers of presentations we receive; we may have to combine presentations.*

**If your abstract is not accepted, you may have an opportunity to do a poster presentation.*

Title of your presentation (10 words or less):

Description of your workshop / presentation / poster presentation (150 words or less):

How does your submission relate to your selected stream?

Interactive/Participatory Components:

Please provide a short biography of each presenter (50 – 60 words or less):

** If your abstract is accepted, we will reach out for your full abstract and for your AV/Tech needs.*

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